






<p>Lunch Prices Lunch - \$2.50 Milk - \$0.50 Adult - \$3.50 ☉ denotes new items</p>		<p align="center">ADAMS COUNTY/OHIO VALLEY SCHOOL DISTRICT May Menu 2017-18 ELEMENTARY K-6 LUNCH MENU WORD OF THE MONTH IS "Respect" www.ovsd.us</p>		<p align="center">*The menu is subject to change without notice due to price and availability of food.</p>
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The last day to charge for the 2017-2018 school year will be Friday, May 11th, 2018.

Alternate Entrées	Monday April 30	Tuesday May 1	Wednesday May 2	Thursday May 3	Friday May 4
<p>(served daily unless noted) * PB Sandwich w/cheese stick ** Cheese Sandwich w/cheese stick *** Pizza</p>	<p><i>Chicken Strips w/roll</i> Steamed Sweet Potatoes Steamed Green Beans Crisp Romaine Salad Pears Craisins/Raisins</p>	<p><i>Cheeseburger Deluxe on bun</i> Baked Crispy Potatoes Steamed Carrots Crisp Romaine Salad Strawberries Peaches</p>	<p><i>Cheesy Breadsticks w/marinara sauce</i> Steamed Spinach Fresh Veggies/Dip Crisp Romaine Salad Applesauce Fresh Fruit</p>	<p><i>Nacho Scoops w/lettuce, tomato, cheese & salsa</i> Steamed California Blend Steamed Corn Pineapple Fruit Cocktail</p>	<p><i>Mini Club Sandwich w/lettuce & tomato</i> Baked Beans Steamed Mixed Vegetables Cottage Cheese Crisp Romaine Salad SideKicks® Frozen Juice Fruit Cup</p>

Whole Grain Rich (WGR)	Monday May 7	Tuesday May 8	Wednesday May 9	Thursday May 10	Friday May 11
<p> options are in bold print and are offered daily.</p>	<p><i>Popcorn Chicken w/roll</i> Steamed Carrots Steamed Seasoned Cabbage Crisp Romaine Salad Pineapple Cherries</p>	<p><i>Salisbury Steak w/Texas Toast</i> Mashed Potatoes w/gravy Steamed Broccoli w/cheese Crisp Romaine Salad Fruit Cocktail Craisins/Raisins</p>	<p>6th Grade Farwell Luncheon <i>6th Grade's Choice Entrée</i> <i>6th Grade's Choice Vegetables</i> <i>6th Grade's Choice Fruits</i></p>	<p><i>Fajita Wrap w/lettuce, tomato, cheese & salsa</i> Refried Beans Steamed Corn Mandarin Oranges Pears</p>	<p>LAST DAY TO CHARGE!! <i>Sloppy Joe on bun</i> Steamed Peas Cole Slaw Crisp Romaine Salad SideKicks® Frozen Juice Fruit Cup</p>

Milk	Monday May 14	Tuesday May 15	Wednesday May 16	Thursday May 17	Friday May 18
<p>A choice of fat-free white, fat-free chocolate and fat-free strawberry milk is offered with each meal.</p>	<p><i>Chicken Patty Deluxe on bun</i> Roasted Redskin Potato Halves Steamed Carrots Crisp Romaine Salad Peaches Applesauce</p>	<p>Corn Dog Baked Beans Steamed Cauliflower w/cheese Crisp Romaine Salad Pears Pineapple</p>	<p><i>Ravioli w/Texas Toast</i> Steamed Green Beans Steamed Mixed Vegetables Crisp Romaine Salad Fruit Cocktail Fresh Fruit</p>	<p><i>Walking Taco w/lettuce, tomato, cheese & salsa</i> Steamed Corn Fresh Veggies/Dip Craisins/Raisins Blueberries</p>	<p><i>Hot Dog on bun</i> Steamed Lima Beans Baked Sweet Potato Fries Cottage Cheese Crisp Romaine Salad SideKicks® Frozen Juice Fruit Cup</p>

Fruit	Monday May 21 *	Tuesday May 22	Wednesday May 23	Thursday May 24	Friday May 25
<p>Our staff encourage & teach students to make healthy choices for a healthy lifestyle.</p> 	<p><i>Cook's Choice Entrée</i> Steamed Carrots Steamed Peas Peaches Pineapple</p>	<p><i>Cook's Choice Entrée</i> Steamed Mixed Vegetables Steamed Brussels Sprouts Mandarin Oranges Applesauce</p>	<p><i>Cook's Choice Entrée</i> Steamed Green Beans Steamed Broccoli Fruit Cocktail Craisins/Raisins</p>	<p>LAST DAY OF SCHOOL!! <i>Cook's Choice Entrée</i> Steamed California Blend Steamed Corn Pears Fruit Cup</p>	<p>Have a safe, fun and active summer!!</p> 

<p>100% fruit juice is offered on Tuesdays as a fruit choice when available.</p>	<p> Students may take ALL fruit and vegetable choices offered daily, if they choose.</p>	<p align="center"><u>National School Lunch Program Meal Pattern Information</u></p> <p>The Federal Government USDA guidelines for the National School Lunch Program (NSLP) offer students 5 meal components daily. The daily components consist of...grain, meat/meat alternate, vegetable, fruit and fluid milk. Each student may take all 5 components or as few as 3 components to receive a reimbursable meal. If a student chooses to take only 3 components, one component MUST be a fruit or a vegetable for the meal to be a reimbursable meal. A student may take as little as 1/2 cup serving of a fruit and/or vegetable or as much as a 1 cup serving of a fruit or a vegetable.</p>	<p> Students MUST take at least 3 of the 5 components offered daily, one of the 3 items taken MUST be a fruit or a vegetable.</p>
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***Meal account balances can be checked by calling your child's school or the Child Nutrition Department.**

This institution is an equal opportunity provider